



# Prominent contribution of Th1, Th17, and Tregs to the host response during *M. neoaurum* infection

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**ABSTRACT.** Nontuberculous mycobacteria are ubiquitous in outside environment and animals. As for nontuberculous mycobacteria infection, there is only limited information in humans regarding infection and the subsequent immune response, especially for *Mycobacterium neoaurum*. Here, haematoxylin-eosin and Ziehl-Neelsen staining were used to observe pathological changes and detect acid-fast bacilli in organ samples in mouse model. Flow cytometry and quantitative real-time polymerase chain reaction were performed to analyze the contribution of Th1, Th17 and Tregs to the host immune response. *M. neoaurum* caused chronic infection in mice, resulting in infiltrates with large aggregates of inflammatory cells, especially macrophages, in lung

tissues. Our results indicated that 72% of CD4<sup>+</sup> T cells appeared in the early days of infection, which was followed by a decrease to 47% by day 32, and then a rise to 76% by day 56. Moreover, we found higher frequency of IFN- $\gamma$ -producing CD4<sup>+</sup> T cells and elevated mRNA expression of the transcription factor T-bet in the lungs; however, we observed lower mRNA expression of the transcription factor ROR $\gamma$ t and lower frequency of IL-17-producing CD4<sup>+</sup> T cells. A transient relative decrease in the number of Treg cells was observed in the lungs; however, the number of Tregs did not change significantly between the first and last day following infection. Thus, *M. neoaurum* causes chronic infection in C57BL/6 mice, with Th1, Th17, and Tregs playing a prominent role in the host response. The present study may lay the basis for further studies on the mechanisms underlying infection with nontuberculous mycobacteria.

**Key words:** Nontuberculous mycobacteria; *Mycobacterium neoaurum*; Immune response; Th1; Th17; Treg

## INTRODUCTION

Nontuberculous mycobacteria (NTM), also known as environmental mycobacteria or atypical mycobacteria, are ubiquitous in soil, water, dust, aerosol and in animals (Kazda et al., 2009; Kim et al., 2014); present high isolation rates; and are becoming an emerging cause of infectious diseases worldwide. NTM result mainly in skin and lymphoid tissue infection, as well as lung disease (Griffith et al., 2007). Many of these microorganisms are opportunistic pathogens, especially in cancer (Umehara et al., 2015), HIV (Ristola et al., 2015), and immunodeficient patients (Fowler and Mahlen, 2014; Henkle and Winthrop, 2015). In humans, NTM cause an important infectious disease, and the main risk factor is thought to be environmental exposure. Although an increasing number of studies are targeting the prevalence and distribution of NTM (Gcebe et al., 2013; Arrazuria et al., 2015), there has been only limited research on the host defense mechanisms against NTM.

There has been substantial research on NTM infection and immune response in humans, but not in wild animals or livestock. The main step in the immune response to *Mycobacterium tuberculosis* infection involves activation of effector CD4<sup>+</sup> T helper 1 (Th1) cells (Flynn et al., 1993; Newport et al., 1996) and the subsequent production of cytokines, for example, interferon (IFN)- $\gamma$  and tumor necrosis factor (TNF)- $\alpha$ .

Increasing evidence indicates that successful *M. tuberculosis* immunity relies not only on Th1 but also other T cell subsets (Goldsack and Kirman, 2007; Chen et al., 2012). Regulatory T (Treg) cells sustain peripheral tolerance, inhibit chronic infection, modulate the adaptive immune response (Sakaguchi et al., 2010), and can inhibit the activity of effector cells against intracellular pathogens (Shevach, 2009) including *M. tuberculosis*. Thus, Tregs may play an important role in limiting tissue damage during *M. tuberculosis* infection. However, Tregs are also responsible for delaying the initiation of an immune response against *M. tuberculosis* (Larson et al., 2013). In comparison, the contribution of T helper 17 (Th17) cells against *M. tuberculosis* infection is less well known, although interleukin (IL)-17 has been reported to effectively promote granuloma formation, limit bacterial growth, and generate other cytokines

such as IL-21 and IL-22 (Kolls and Lindén, 2004; Cooper, 2010).

The purpose of this research was to characterize the pathogenesis and immune response in C57BL/6 mice infected with *M. neoaurum*, and analyze the contribution of Th1, Th17, and Treg cells to the host response. These results will improve our understanding of mycobacterial and particularly *M. neoaurum* infection.

## **MATERIAL AND METHODS**

### **Mice**

Specific pathogen-free 6- to 8-week-old female C57BL/6 mice were supplied by Beijing HFK Bio-Technology Co., Ltd., China. Mice were bred on underpads in the Biosafety Level 3 biohazard facility at Jilin University. They were fed mouse chow and sterile water.

### **Mycobacterium**

Mycobacteria were isolated from cattle submandibular lymph nodes and conserved in our laboratory. Based on BLAST analysis of 16S rRNA and genome sequencing, the mycobacteria were identified as *M. neoaurum*. Middlebrook 7H9 medium with glycerol and Tween-80 enrichment was used for cultivation of bacteria. The bacteria displayed a smooth, rod-shaped morphology.

### **Mouse infection**

Mice were injected intraperitoneally with log-phase *M. neoaurum* ( $5 \times 10^6$  bacteria/mouse) in 0.5 mL phosphate-buffered saline. Mice (N = 5-6 mice/group) were killed at different time-points after infection, and lung samples were collected. Bacterial titers were determined through serial dilutions of lung homogenates on Middlebrook 7H9 agar plates.

### **Histopathology**

Lung samples were fixed in buffered formalin and pathological sections were made. We used haematoxylin-eosin and Ziehl-Neelsen staining plus methylene blue as counterstain, to observe pathological changes and detect acid-fast bacilli in organ samples.

### **Quantitative real-time polymerase chain reaction (qPCR)**

Cytokines were quantified by qPCR. Lung samples were ground by mortar using liquid nitrogen. Total RNA was abstracted and reverse transcribed into cDNA. qPCR was performed using SYBR Premix Ex-Taq™. Negative controls were analyzed simultaneously and glyceraldehyde 3-phosphate dehydrogenase (*Gapdh*) was used for normalization.

### **Lung cell digestion**

Small pieces of lungs were incubated with 500  $\mu$ L RPMI 1640 medium containing 0.5 mg/mL collagenase XI (Sigma-Aldrich, USA) and 50  $\mu$ g/mL DNase I (Sigma-Aldrich) for

90 min at 37°C. Cells were then harvested by centrifugation at 2000 g at 4°C for 5 min. Red blood cells were aliquoted into 500 µL lysates, incubated at room temperature for 3 min, and then harvested.

### **Flow cytometric characterization of cell surface antigens**

Lung single-cells were stained with fluorophore-conjugated antibodies anti-CD3e (clone 145-2C11), anti-CD4 (clone GK1.5) and anti-CD8 (clone 53-6.7) (BD Pharmingen). Flow cytometric detection was executed on an Accuri C6 flow cytometer (BD Biosciences, USA).

### **Intracellular cytokine staining**

Isolated lung cells were stimulated for 4-5 h with phorbol 12-myristate 13-acetate (PMA) and ionomycin (Sigma-Aldrich), followed by monensin (BD Biosciences) treatment for the last 2-3h of cultivation at 37°C and 5% CO<sub>2</sub>. Stimulated lung cells were incubated with FITC-conjugated antibodies for CD4 (clone GK1.5), fixed and permeabilized with BD GolgiPlug (BD Biosciences), and incubated with anti-mouse IL-17-A-PE, IL-4-PE, or IFN-γ-PE (BD Biosciences) for 30 min at 4°C. Finally, cells were washed, fixed with 1% PFA, and analyzed using an Accuri C6 flow cytometer. Results were expressed as percentages of positive cells.

### **CD4+ Foxp3 Treg expression**

The proportion of CD4+ Foxp3+ lymphocytes in the lungs of *M. neoaurum* infected mice was determined. Isolated lung cells were incubated with anti-mouse CD4-FITC and rat anti-mouse Foxp3 IgG (MF23; BD Biosciences) antibodies for 30 min, washed, and resuspended in RPMI 1640 before analysis.

### **Statistical analysis**

Statistical analysis was implemented using SPSS 13.0 (SPSS, USA) and Prism5 (GraphPad, USA) software. Results are reported as means ± standard deviation.

## **RESULTS**

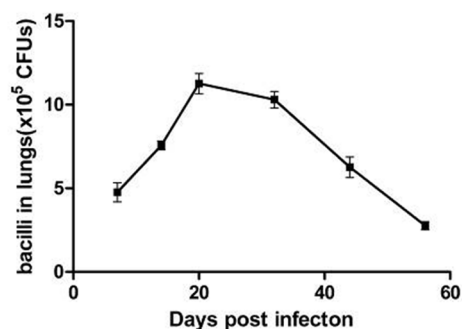
### **Changes in bacterial load**

*M. neoaurum* induced a systemic, disseminated infection in intraperitoneally infected C57BL/6 mice. Bacterial load in the lungs increased gradually for the first 7-20 days and then returned to its initial value by day 56 (Figure 1).

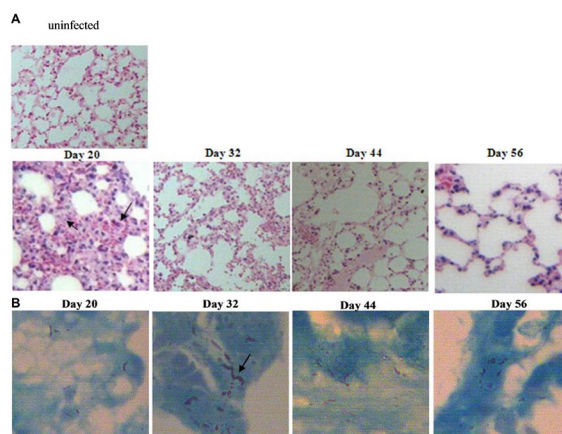
### **Histopathological changes**

On day 20 post infection, the lungs of infected mice were characterized by large numbers of bacteria, interstitial pneumonia (indicating an inflammatory response), irregular

alveolar spaces, broader and thicker alveolar septa, expanded and engorged blood capillaries, absence of Langhans giant cells or granulomas, and emerging inflammatory infiltrates with large aggregates of inflammatory cells, especially macrophages (Figure 2). By day 32 and 44, the inflammatory reaction had weakened and by day 56, the number of inflammatory cells was markedly reduced, while a few fibroblasts were seen to accumulate and proliferate in the alveolar septum. In addition, infected mice showed multiple intracellular acid-fast staining bacilli (Figure 2b).



**Figure 1.** Bacterial counts (expressed as colony forming units, CFUs) in lungs from mice infected with *Mycobacterium neoaurum*. Samples were taken on day 7, 14, 20, 32, 44, and 56.

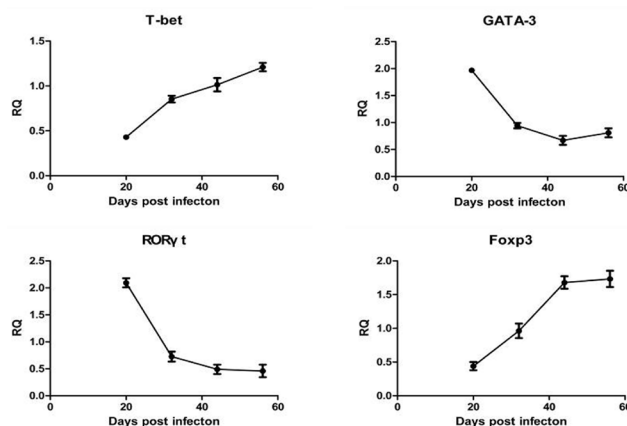


**Figure 2.** Histopathological analysis of lungs from *M. neoaurum* infected mice. **A.** Hematoxylin-eosin staining (100X) of lung tissue from uninfected mice (upper panel) and 20-56 days post infection (lower panels). Examples of broadening alveolar septum and inflammatory cells are indicated by arrows (day 20). **B.** Ziehl-Neelsen staining (800X magnification) of matched lung tissue sections 20-56 days post infection. Acid-fast bacilli appear red and are indicated by arrows (day 32).

### Analysis of mRNA expression in the lungs

To better characterize cytokine secretion in infected mice, we evaluated transcription factors T-bet, Gata-3, ROR $\gamma$ t and Foxp3 in lung homogenates (Figure 3). Pulmonary T-bet concentrations increased gradually in infected mice for up to 56 days. In contrast, Gata-3 and ROR $\gamma$ t levels were high in the lungs of infected mice at day 20, but decreased thereafter ( $P <$

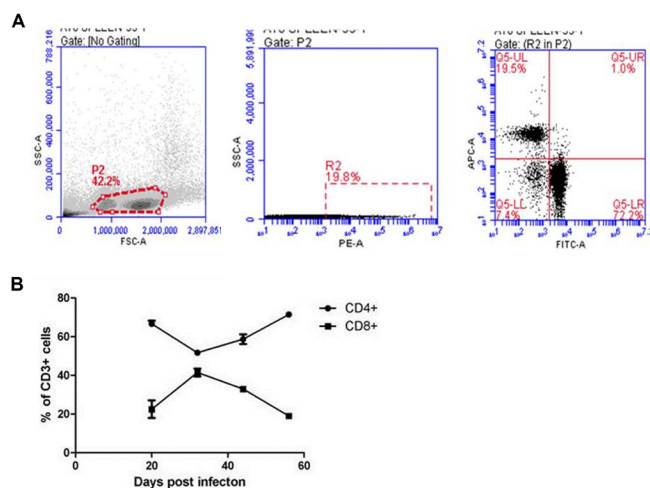
0.01 for Gata-3 compared to uninfected controls). Finally, infected mice generated significantly more Foxp3 compared with uninfected controls.



**Figure 3.** Expression of transcription factors from CD4+ T cell subsets in lung homogenates from infected mice. RQ = relative quantification of mRNA expression in infected versus uninfected mice.

### Changes in lung lymphocyte subsets

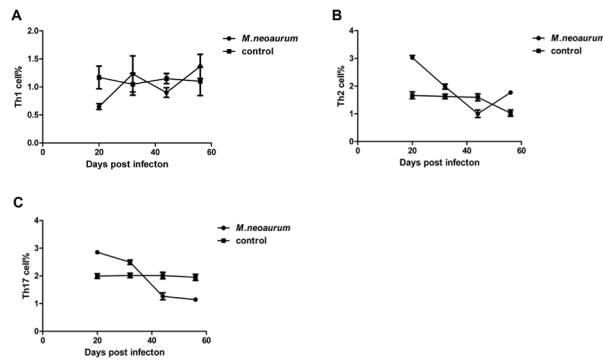
To analyze *M. neoaurum*-specific immune response, immune cell subsets were evaluated. Examples of flow cytometric detection and gating of lung cells are shown in Figure 4A. Results indicated that 72% of CD4+ T cells, 20% of CD8+ T cells, and all CD3+ T cells appeared in the early days of infection. This was followed by a decrease to 47% for CD4+ T cells by day 32, and then a rise to 76% by day 56 (Figure 4B). The opposite trend was observed for CD8+ cells (Figure 4B).



**Figure 4.** Development of adaptive T cell response during *Mycobacterium neoaurum* infection. **A.** Examples of flow cytometric gating and lymphocyte analysis. **B.** Phenotyping of lung T cell subsets during *M. neoaurum* infection: relative frequencies of CD4+ and CD8+ subsets within the CD3+ T cell population.

### Changes to CD4+ T cell subsets in the lungs

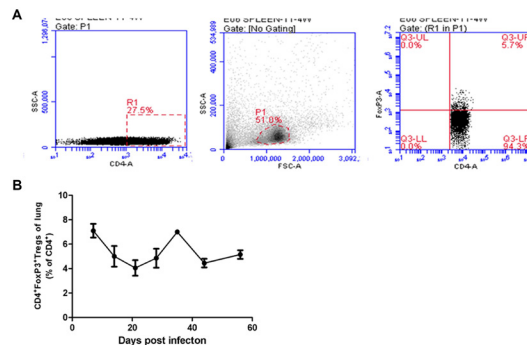
To better understand the effect of CD4+ T cell subsets on *M. neoaurum* pathogenesis, we used flow cytometry to analyze the proportion of CD4+ IFN- $\gamma$ + cells, CD4+ IL-4+ cells, and CD4+ IL-17+ cells in the lungs. As shown in Figure 5, the level of CD4+ IFN- $\gamma$ + cells at day 20 post infection was significantly lower than that of uninfected mice ( $P < 0.05$ ), but increased gradually thereafter, surpassing it by day 56. In contrast, the levels of CD4+ IL-4+ and CD4+ IL-17+ lymphocytes decreased substantially following *M. neoaurum* infection.



**Figure 5.** Percentages of CD4+ IFN- $\gamma$ + (Th1) (A), CD4+ IL-4+ (Th2) (B), and CD4+ IL-17+ (Th17) (C) lymphocytes in *Mycobacterium neoaurum* infected mice and in uninfected mice.

### Frequency of CD4+ Foxp3+ Tregs in the lungs

To further understand the T cell response, we examined the level of CD4+ Foxp3+ Tregs following *M. neoaurum* infection. Figure 6A shows the gating for CD4+ T cells expressing Foxp3+. We found a relative decrease in the number of CD4+ Foxp3+ Tregs between day 7 and 20 after *M. neoaurum* infection, followed by a small increase at day 32 (Figure 6B). Overall, though, there was no significant change in the number of Tregs between day 7 and day 56 post infection.



**Figure 6.** Relative frequency of lung CD4+ Foxp3+ Tregs in *Mycobacterium neoaurum* infected mice. **A.** Examples of gating and analysis of CD4+ Foxp3+ Treg cell. **B.** Relative frequency of Tregs in the lungs of mice during 56 days following *M. neoaurum* infection.



## DISCUSSION

Over the past few years, researchers have invested vast efforts for understanding the immune mechanisms elicited by infection with *M. tuberculosis*, but not by NTM. In this study, we characterized the immune response of C57BL/6 mice infected with an animal isolate of *M. neoaurum*. Infected mice suffered from chronic infections in lung tissues, denoted by inflammatory cell infiltration and a strong T cell response. However, mice were surprisingly healthy and no clinical reaction, such as fever, weight loss, or discomfort, was observed for up to 18 weeks post infection. These findings indicate that infection with *M. neoaurum* lowers resistance to disease, but it remains to be seen whether it also facilitates secondary infections.

Many studies have reported that immunity to *M. tuberculosis* requires a Th1 response and mediation by IFN- $\gamma$  (Salgame, 2005; Cooper and Khader, 2008; Sutherland et al., 2009). As expected, we confirmed the apparent Th1 immune response elicited by infection with *M. neoaurum*, indicated by an increased number of CD4+ IFN- $\gamma$ + cells and relative mRNA expression of T-bet in the lungs of infected mice. These results are in agreement with those of Kawamura (2006), Salgame (2005), and Sutherland et al. (2009). Our results indicate that Th1 cells are important for the control of *M. neoaurum* infection and the host immune response to it.

IL-17 is an important cytokine in mycobacterial infection; it not only contributes to the formation of granulomas, but also controls bacterial growth (Khader et al., 2007; Cruz et al., 2010; Torrado and Cooper, 2010; Cowan et al., 2012). ROR $\gamma$ t was significantly induced at day 20 post infection, but decreased thereafter. A similar trend was observed in the case of Th17 (CD4+ IL-17+) cells. The latter may have been caused by the negative.

Foxp3+ Tregs are important for the immune response against *M. tuberculosis*, although their exact role is not yet completely clear. Some studies have indicated that Tregs promote the immunosuppressive activity of effector cells against intracellular pathogens (Shevach, 2009; Shafiani et al., 2010) during the early immune response. Although we observed a general increase in mRNA expression of Foxp3 in the lungs, this did not translate into a difference in overall Treg cell numbers at 56 days post infection. However, the number of Tregs in the lungs and spleen (not shown) decreased between 7 and 21 days after infection, which is in agreement with a previous study on *M. avium* infection (Haug et al., 2013). This phase may favor immune activation and inflammation rather than suppression, which may help contain the infection. At 21 days post infection, Treg cell numbers increased significantly while those of Th17 cells decreased, supporting the possibility that Foxp3, an indispensable transcription factor in Tregs, inhibited ROR $\gamma$ t and blocked the differentiation of Th17 cells, as described by Zhou et al. (2008) and Ivanov et al., (2006). This hypothesis contrasts with our finding that the frequency of Tregs in the spleen was approximately two-fold higher than that in the lungs.

The present study provides significant characterization of the immune response in C57BL/6 mice infected with a clinical isolate of *M. neoaurum*. Moreover, we describe the relative contribution of Th1, Th17, and Treg cells to *M. neoaurum* infection. Our results may improve our understanding of mycobacterial infection and that of *M. neoaurum* in particular. This may, in turn, provide a solid basis for designing new vaccines and treatment schedules.

## Conflicts of interest

The authors declare conflict of interest.



## ACKNOWLEDGMENTS

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