

Increased serum ADAMTS-4 in knee osteoarthritis: a potential indicator for the diagnosis of osteoarthritis in early stages

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ABSTRACT. We compared serum levels of a disintegrin and metalloproteinase with thrombospondin motifs (ADAMTS)-4, ADAMTS-5, matrix metalloproteinase (MMP)-1, and MMP-3 in patients with different stages of knee osteoarthritis (OA), and investigated the clinical significance of diagnosing OA in early stages. OA patients were divided into 2 groups: early OA group (44 cases), intermediate and advanced OA group (26 cases). The healthy control group included 30 samples. ADAMTS-4, ADAMTS-5, MMP-1, and MMP-3 levels in the serum were tested using an enzyme-linked immunosorbent assay. A protein-protein interaction network was constructed by seeding the significantly expressed marker, followed by Gene Ontology enrichment analyses using Database for Annotation, Visualization and Integrated Discovery. ADAMTS-4 levels were significantly higher in patients at early stages of OA compared to intermediate or advanced OA and healthy controls. ADAMTS-5, MMP-1, and MMP-3 levels in intermediate and advanced-stage OA patients were significantly higher than those in early-stage OA patients and healthy controls. The protein-protein interaction network showed that ADAMTS-4 participates in

67 interactions. Gene Ontology enrichment analysis validated that genes associated with ADAMTS-4 participate in collagen metabolism and OA. ADAMTS-4 is a potential biomarker as an early diagnostic indicator of OA.

Key words: ADAMTS; MMP; Osteoarthritis

INTRODUCTION

Osteoarthritis (OA) is a progressive disease of the joints characterized by degradation of articular cartilage (Verma and Dalal, 2011) and is the most common form of arthritis worldwide (Zeggini et al., 2012). The incidence of OA is increasing because of the aging population and the obesity epidemic (Bijlsma et al., 2011). Various risk factors contribute to OA, including smoking, genetics, and mechanical factors, among others (Wei et al., 2013). Pain and loss of function are the dominant symptoms in OA (Arendt-Nielsen et al., 2010; Bijlsma et al., 2011). OA is associated with cartilage destruction, subchondral bone remodeling, and inflammation of the synovial membrane. However, the etiology and pathogenesis underlying this disease are poorly understood (Kapoor et al., 2011).

OA is diagnosed using X-ray, computed tomography, magnetic resonance (MR), and similar imaging techniques. However, these methods cannot examine OA before the changes in the arthrosis profile occur. In addition, biochemical changes occur during early stages. Changes in cartilage metabolism in arthritis are reflected by altered serum and synovial fluid levels (Poole et al., 1994). Thus, serologic examination is a feasible method for diagnosing OA in early stages.

Matrix metalloproteinases (MMPs) are expressed in the joint tissues of patients with OA (Yoshihara et al., 2000). It has been reported that MMP-3 is downregulated by the effect of hyaluronan during early development of OA (Takahashi et al., 1999). MMP-3 activation plays a key role in the development of OA (Lin et al., 2004). A disintegrin and metalloproteinase with thrombospondin motifs (ADAMTS) are a group of proteases found both in mammals and invertebrates (Porter et al., 2005). ADAMTS-4 and ADAMTS-5 efficiently cleave aggrecan at a major cleavage site of the protein backbone of aggrecan between amino acids 373 and 374 (Glasson et al., 2004). ADAMTS-4 and ADAMTS-5 are thought to play an important role in inflammatory joint diseases and cartilage degradation (Mizui et al., 2000; Ameye and Young, 2006).

In this study, we examined the levels of ADAMTS-4, ADAMTS-5, MMP-1, and MMP-3 in the serum of patients with OA and analyzed the correlation between these protein levels and the severity of OA. Our results provide information that will assist in the early diagnosis of OA.

MATERIAL AND METHODS

Patients

This study was approved by the research Ethics Committee of our hospital and was performed in accordance with the ethical standards stated in the 1964 Declaration of Helsinki. Written informed consent was obtained from all patients and healthy volunteers prior to their participation in this study.

The present study included 70 patients diagnosed with OA and 30 healthy controls.

Patients were selected at the Qianfoshan Hospital affiliated to Shandong University, China, between June 2008 and December 2009. Patients were examined by MR (Artoscan 0.2T; Esaote, Italy). Diagnosis criteria of OA were defined by the Sciences Branch of the Chinese Medical Association in 2007.

Participants who met the following criteria were excluded from the study: 1) age >60 years; 2) histories of glucocorticoid and/or sterol hormones; 3) two knees showed different grades of OA; 4) had received bilateral knee replacements; 5) other forms of arthritis, or other chronic disease (cancer, diabetes); 6) pregnant and lactating women.

Radiographic assessment of OA

Radiographic severity was assessed according to the Recht et al. (1993) grading system, which is widely used in Chinese hospitals. Grading of radiographs was performed by 2 experienced observers who were blinded to the patient information. We divided patients into 2 groups: early OA patients, defined as having a radiographic OA of grade 1 or 2, and intermediate and advanced OA patients, defined as having a radiographic OA of grade 3 or 4.

Measurement of ADAMTS-4, ADAMTS-5, MMP-1, and MMP-3

Venous blood samples were collected from all subjects after overnight fasting. Serum ADAMTS-4, ADAMTS-5, MMP-1, and MMP-3 concentrations were determined using a commercially available enzyme-linked immunosorbent assay kit (Sigma-Aldrich; St. Louis, MO, USA). Optical density (OD) values at 405 nm were recorded and were used to compare ADAMTS-4, ADAMTS-5, MMP-1, and MMP-3 levels between patients and controls.

Protein-protein interaction network construction

To further investigate the functions of significantly expressed markers, we constructed protein-protein interaction (PPI) networks. PPI data were downloaded from STRING (<http://string.embl.de/>). The networks were identified using the Cytoscape software.

Functional enrichment analysis

To analyze the functions of related genes identified in the PPI, we performed Gene Ontology (GO) enrichment analysis and diseases analysis using the Database for Annotation, Visualization and Integrated Discovery (DAVID) (<http://david.abcc.ncifcrf.gov/home.jsp>) (Huang da et al., 2009).

Statistical analysis

One-way analysis of variance was utilized to compare differences in ADAMTS-4, ADAMTS-5, MMP-1, and MMP-3 levels using OD in the serum of patients and controls. Results are reported as means \pm SD and as percentages. Data analyses were performed using SPSS 11.5 for Windows (SPSS, Inc.; Chicago, IL, USA). Differences between groups were considered to be significant when $P < 0.05$.

RESULTS

ADAMTS-4 and ADAMTS-5 levels in the serum

ADAMTS-4 levels in patients and healthy controls are presented in Figure 1A. ADAMTS-4 levels in early OA patients were significantly higher than those in intermediate and advanced OA patients and healthy controls ($P < 0.01$).

ADAMTS-5 levels in patients and healthy controls are presented in Figure 1B. ADAMTS-5 levels in intermediate and advanced OA patients were significantly higher than those in early OA patients and healthy controls ($P < 0.01$).

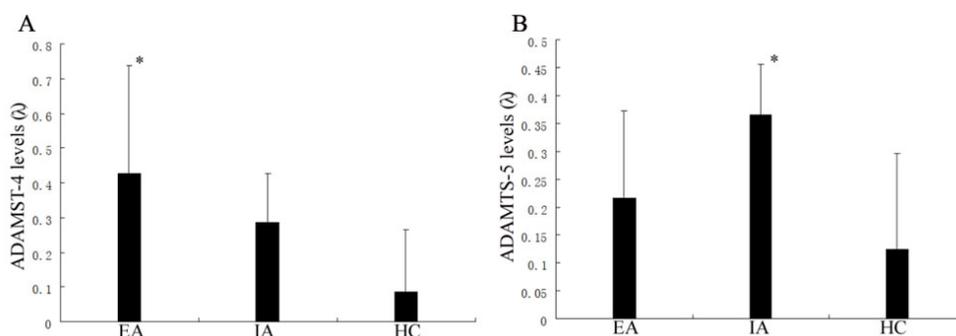


Figure 1. ADAMTS-4 levels (A) and ADAMTS-5 levels (B) in the serum of early osteoarthritis (OA) patients (EA), intermediate and advanced OA patients (IA), and healthy controls (HC).

MMP-1 and MMP-3 levels in the serum

MMP-1 levels in patients and healthy controls are presented in Figure 2A. MMP-1 levels in intermediate and advanced OA patients were significantly higher than those in early OA patients and healthy controls ($P < 0.01$).

MMP-3 levels in patients and healthy controls are presented in Figure 2B. MMP-3 levels in intermediate and advanced OA patients were also significantly higher than in early OA patients and healthy controls ($P < 0.05$).

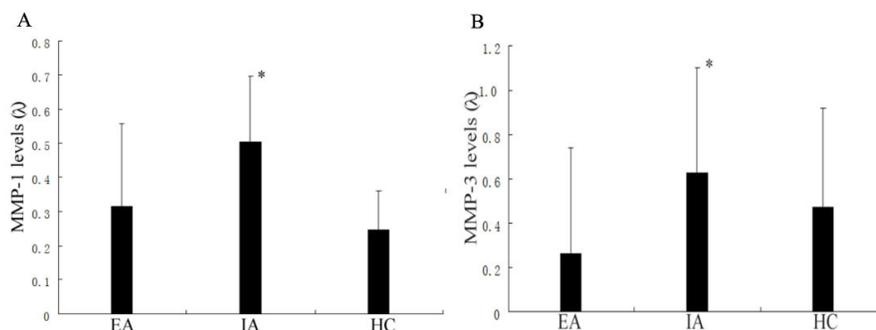


Figure 2. MMP-1 levels (A) and MMP-3 levels (B) in the serum of early osteoarthritis (OA) patients (EA), intermediate and advanced OA patients (IA), and healthy controls (HC).

Table 2. Top 8 enriched diseases terms from genes in protein-protein interaction.

Diseases	P value	Genes
Breast cancer	3.28E-05	PTGS2, MMP9, PPARG, HP, MMP3, MMP2, TIMP3, MMP13, PPARGC1A, MMP1, MMP12, PPARGC1B, IL1B
Rheumatoid arthritis	2.92E-06	PTGS2, MMP9, MMP7, IL1B, SERPINA1, COL2A1, MMP3, MMP13, MMP2, MMP12, MMP1
Abdominal aortic aneurysm	6.63E-09	MMP9, MMP3, MMP13, TIMP3, MMP2, MMP12, MMP1, TIMP1
Osteoarthritis	1.99E-05	MATN3, PTGS2, MATN1, SERPINA3, IL1B, COL2A1, MMP2
Nasopharyngeal cancer	2.29E-06	MMP9, MMP7, MMP3, MMP13, MMP2, MMP12, MMP1
Chronic obstructive pulmonary disease	2.22E-05	MMP9, SERPINA3, IL1B, SERPINA1, MMP14, MMP12, MMP1

DISCUSSION

In this study, we investigated the association between serum levels of ADAMTS-4, ADAMTS-5, MMP-1, and MMP-3 and the severity of OA. We found that the ADAMTS-4 levels in early OA patients were significantly higher than those in intermediate and advanced OA patients and healthy controls, whereas ADAMTS-5, MMP-1, and MMP-3 levels in intermediate and advanced OA patients were significantly higher than those in early OA patients and healthy controls.

A large number of studies have recently been conducted to examine the ADAMTS family. In general, ADAMTS-5 is constitutively expressed in human chondrocytes and synovial fibroblasts, whereas ADAMTS-4 expression is induced by proinflammatory cytokines (Fosang et al., 2008). The active forms of ADAMTS-4 were increased in synovial fluid samples from patients with active Lyme arthritis (Behera et al., 2006). Expression of ADAMTS-4 in the surface zone of human osteoarthritic cartilage is regulated by epigenetic DNA demethylation (Cheung et al., 2009). Suppression of ADAMTS-4 and ADAMTS-5, individually or in combination, attenuated the degradation of aggrecan in cytokine-stimulated normal cartilage (Song et al., 2007). Mice with a double-knockout of ADAMTS-4 and ADAMTS-5 were physiologically normal animals in which OA was prevented (Majumdar et al., 2007). α_2 -Macroglobulin is an endogenous inhibitor of ADAMTS-4 and ADAMTS-5 (Tortorella et al., 2004). Fibroblast growth factor 2 is an intrinsic chondroprotective agent that suppresses ADAMTS-5 and delays cartilage degradation in murine OA (Chia et al., 2009). Our results suggest that ADAMTS-4 plays a leading role in the early stage of OA, while ADAMTS-5 affects intermediate and advanced stages of OA.

MMP-1 and MMP-3 levels are reportedly correlated in synovial fluid in rheumatoid arthritis and OA (Tchetverikov et al., 2004). MMP-1 and MMP-3 levels were also consistently expressed in the serum in our study. MMP-1 activity was increased in the synovial fluid of OA joints in horses (Brama et al., 2004). Overexpression of serum amyloid A-activating factor 1 in OA chondrocytes increased the expression of the MMP-1 promoter; thus, serum amyloid A-activating factor 1 may be a therapeutic target for controlling the overexpression of MMP-1 in OA (Ray et al., 2003). Increased MMP-3 can induce matrix degradation of articular cartilage in mature bovines (Lin et al., 2004). The serum concentration of MMP-3 is also a useful marker for predicting bone damage in the early stage of rheumatoid arthritis (Yamanaka et al., 2000). It was reported that serum MMP-3 levels did not differ between OA patients and normal sera; however, these patients were not assessed based on a grading system (Mahmoud et al., 2005). Our results suggest that MMP-1 and MMP-3 affect OA mainly during intermediate and advanced stages.

The PPI network indicated that a complicated interaction exists between ADAMTS-4 and other proteins, and that the genes encoding those proteins were associated with rheumatoid arthritis and OA.

In conclusion, we confirmed that ADAMTS-4 levels in early OA patients were significantly higher than in intermediate and advanced OA patients and healthy controls, making it a potential biomarker as an early diagnostic indicator of OA. However, because of the complex interaction with other proteins, the results should be further examined.

Conflicts of interest

We declare that we have no conflict of interest.

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