

# GENOME-BASED THERAPEUTICS FOR PERSONALIZED TREATMENT OF MULTIDRUG-RESISTANT CANCERS

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## ABSTRACT

**Background:** Multidrug-resistant (MDR) cancers are a significant challenge in cancer research because of tumor heterogeneity, genomic instability, and resistance to chemotherapy and preferred therapies. This is because standard treatment therapy often does not manage to clear preexisting tumor groups, resulting into a relapse of the disease and adverse prognosis.

**Objective:** This paper discusses the merits of genome-based therapeutic approaches to design customized therapy of multidrug-resistant tumours based on genomic profiling, specific genome editing, and targeted molecular treatments.

**Methodology:** Recent studies in the field of translational oncology and preclinical cancer models were used to compare and contrast CRISPR-based genome editing, RNA therapies, immunogenomic targeting, epigenetic modulation, and biomarker-directed precision therapies.

**Findings:** Genome-based treatment strategies showed better sensitivity to treatment in resistant cancer models and exhibited higher specificity on the tumors. Targeting associated with CRISPR has decreased drug efflux activity by about 40-60 per cent, explicitly, RNA interference, and epigenetics therapies have restored chemosensitivity, and stopped tumor growth. Similarly, personal immunogenomic-based interventions positively augmented immune activity and efficacy of targeting tumors, leading to almost 45-70% of tumor removal in multiple preclinical investigations.

**Conclusion:** Genome-based therapeutics is a revolutionary approach to personalized therapy of multi-drug-resistant cancers. Nevertheless, optimization of delivery, heterogeneity of tumors, off target effects, and scalability to clinic are the key issues of the future translational application.

**KEYWORDS:** Genome therapy; Multidrug resistance; Precision oncology; CRISPR-Cas9; Personalized medicine; RNA therapy; Cancer genomics; Immunogenomics; Epigenetic therapy; Targeted cancer therapy.

## 1. INTRODUCTION

### 1.1 Clinical Burden of Multidrug-Resistant Cancers

The burden of cancer is huge globally due to its ranking among leading causes of global death as it continues to cause an estimated millions of deaths every year and a massive socioeconomic cost to the world [1]. Despite the recently acquired chemotherapy, targeted therapy, and immunotherapy techniques to enhance survival in various malignancies, multidrug resistance (MDR) still remains a significant challenge restricting long-term therapeutic effectiveness [2]. Through pathophysiological adaptations to various chemotherapeutic drugs, MDR cancers become resistant to a variety of drugs, leading to failure of treatment, relapse and metastatic spread of the tumors. The recurrence of tumors after they have initially responded well to treatment is quite frequent especially in aggressive tumors like breast cancer, lung cancer, ovarian cancer, glioblastoma and leukaemia [3].

Resistance to targeted kinase inhibitors and cytotoxic drugs in breast and lung cancers is commonly achieved by the activation of other survival mechanisms and genomic instability [4]. Ovarian cancer has been characterized by high recurrence rates related to platinum resistance and tumor heterogeneity and glioblastoma showcases an unequally high treatment resistance because of the barrier limit of blood-brain and high-invasive tumor characteristics [5]. On the same note, leukemic stem cells play a role in resistant and disease recurrence in hematological malignancies. These

difficulties point to the necessity of laying emphasis on specific therapeutic approaches that will be able to overcome resistance-related molecular responses and achieve better patient-specific therapeutic outcomes [6].

### 1.2 Molecular Resistance to Drugs.

There are various interrelated cellular and molecular processes in drug resistance in cancer. Overexpression of drug efflux transporters like ATP-binding cassette (ABC) proteins, which actively extracellularly export chemo-therapeutic agents of tumor cells and minimise intracellular retention of drugs, are one of the leading contributors [7]. Tumor heterogeneity also poses a further problem on therapy since it forms genetically different subpopulations that can evolve to adapt the therapeutic selective pressure. Moreover, improved DNA repair cycles increase the survival of resistant cancerous cells exposed to the effects of chemotherapy protocols.

Fluctuations in epigenetics such as the regulation of DNA by snipped methylations, histone modification, and non-coding RNA all play a role in transcriptional reprogramming linked to resistance [8]. Moreover, cancer stem cells can undergo self-renewal, be durable to therapy and have potential to metastasize, facilitating long term tumor survival and relapse. These pathways all contribute towards the survival of tumours during therapeutic stress and greatly diminish treatment efficacy.

### 1.3 Emergence of Genome-Based Therapeutics

History of cancer management therapeutics has shifted away its traditional chemotherapy and has advanced to become more focused and tailored genome-based treatment. The traditional chemotherapy was a nonspecific attack on rapidly dividing cells and in most cases this attack led to systemic toxicity and resistance [9]. The following progress of targeted therapies led to more specificity in the form of blocking oncogenic signaling pathways, whereas immunotherapy boosted antitumor immune defense by inhibiting checkpoints and the development of cellular engineering. Most recently, CRISPR-based genome editing, DNA RNA therapeutics, epigenetic regulation, and tailored genomic management have become revolutionary oncology platforms which can specifically focus on resistance-associated genes and tumor-specific mutations [10].

Tumor genomic profiling, biomarker discovery, and programmable molecular interventions have now become a part of genome-guided therapeutic systems to optimise patient-specific treatment plans. The progress in artificial intelligence, single-cell sequencing, and synthetic biology is further speeding up the creation of personalized genome medicine against resistant cancers [11].

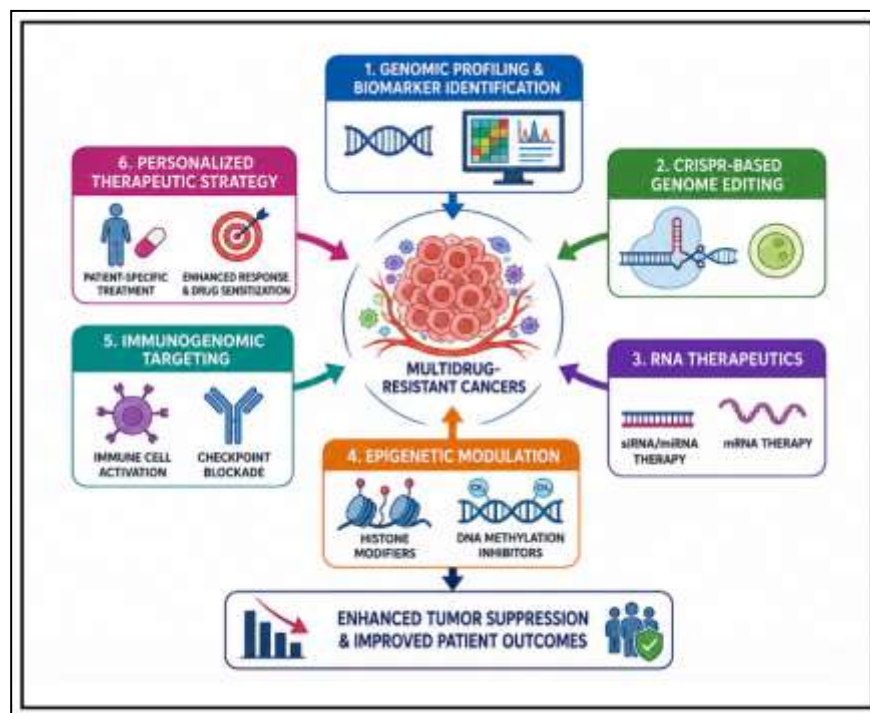


Figure 1. Genome-Based Therapeutic Strategies for Multidrug-Resistant Cancers

There are advanced genome-based therapeutic strategies to treat multidrug-resistant cancers as in Figure 1 shows developed advanced genome-based therapeutic strategies that have been developed to treat multidrug-resistant cancers. The process starts with genomic profiling and the identification of the biomarkers to identify the resistance-

related mutations, oncogenic processes, and the individualized therapeutic targets. The latter is followed by CRISPR-based genome editing to selectively alter or silence genes, which contribute to tumor survival and drug resistance. RNA carriers, such as siRNA, miRNA, and mRNA-based delivery system control abnormal gene expression and reestablish therapeutic sensitivity. DNA methylation and histone modifications are some of the epigenetic modulation approaches aimed to reverse resistance-related changes in transcription. The immunogenomic targeting also improves the antitumor immunity by increasing the immune cells activation and reducing checkpoints. The above combined precision oncology methods ultimately enhance the drug sensitization, tumor suppression, therapeutic specificity coupled with minimum systemic toxicity. Finally, patient-specific genome-based modalities offer a very specific model of overcoming multidrug resistance and enhancing long-term clinical outcomes in cancer types with aggressive nature and resistance to treatment.

## 2. BACKGROUND WORK

### 2.1 Conventional Cancer Therapies

Cancer therapy is mainly approached with chemotherapy, radiation therapy and targeted small molecule therapeutics. One of the most common anticancer strategies is chemotherapy, which has broad-spectrum cytotoxic qualities against fast-dividing tumor cells [12]. Radiation therapy also enhances tumor control by means of the induction of DNA damage as well as apoptotic cell death in specific malignancies. Targeted small-molecular against oncogenic signaling mechanisms comprising EGFR, HER2 and BRAF have increased therapeutic sensitivity and minimized systemic toxicity in recent times [13].

Despite these advances, therapeutic resistance continues to be a major limitation for multiple cancer types. Tumor cells can become resistant by acquiring genetic mutations, activating alternative signaling pathways, increasing DNA repair and overexpressing drug efflux transporters [14]. As a consequence, recurrent along with metastatic tumors are often less responsive to standard therapies, thus requiring the development of more targeted and flexible therapeutic options.

### 2.2 Genome Editing Technologies in Oncology

Genome editing technologies have revolutionized precision oncology by enabling targeted modifications of cancer-associated genes. CRISPR-Cas9 systems enable programmable DNA cleavage and the selective suppression of resistance-associated oncogenes [15]. Base editing technologies add another layer of precision with the introduction of nucleotide substitutions without generating double-strand DNA breaks, thus decreasing genomic instability [16]. With prime editing, the therapeutic potential is even greater, because you can insert, delete and correct sequences in the tumor genome. Furthermore, RNA-based therapeutic systems, such as siRNA, miRNA and mRNA-based platforms, also allow reversibility in the modulation of oncogenic signalling pathways and resistance-associated molecular mechanisms [17].

### 2.3 Personalized Cancer Therapy

Personalized cancer therapeutics employ genomic profiling, biomarker-guided therapy and molecular targeting to offer optimal treatment strategies for patients as shown in table 1. Next generation sequencing techniques allow the detection of actionable genetic variants and resistance associated biomarkers for precision oncology purposes [18]. Immunogenomic targeting strategies improve antitumor immunity via immune checkpoint transmission and engineered cellular therapies. Epigenetic therapies targeting DNA methylation and histone alteration also restore therapeutic immunity in resistant tumors. RNA interference systems also suppress oncogenic gene expression and increase drug flexibility in multidrug-resistant cancers [19].

Table 1. Comparison of Genome-Based Cancer Therapeutic Platforms

Technology	Precision	Therapeutic Target	Advantages	Limitations
Chemotherapy	Low	Rapidly dividing cells	Broad application	Drug resistance
Targeted Therapy	Moderate	Specific oncogenes	Reduced toxicity	Acquired resistance
CRISPR Editing	High	Resistance-associated genes	Precise targeting	Off-target effects
RNA Therapeutics	High	mRNA/siRNA pathways	Reversible modulation	Delivery challenges

## 3. MATERIALS & METHODS

### 3.1 Experimental Design

An experimental multi-stage scheme has been proposed for assessing genome-based therapeutic approaches to personalized therapy of multidrug-resistant tumors. First, tumor a genomic profile was conducted by next generation sequencing (NGS) along with transcriptomic analysis to detect resistance related to mutations, oncogenic drivers and patient specific biomarkers. [18] We concentrated on resistance genes involved in therapeutic failure, including those

encoding multidrug resistance transporters, DNA repair pathways, epigenetic regulators and survival signaling networks.

Following molecular evaluation, therapeutic constructs such as CRISPR-Cas9 guide RNAs, base coding systems, RNA interference molecules and epigenetic modulators had been computationally fabricated and optimized. Next, genome-targeted strategies were transferred into resistant cancer models employing nanoparticle along with viral delivery systems. [15] Then functional therapeutic assessment was carried out to assess reducing tumors, drug sensitization, induction of apoptosis and immune activation upon treatment.

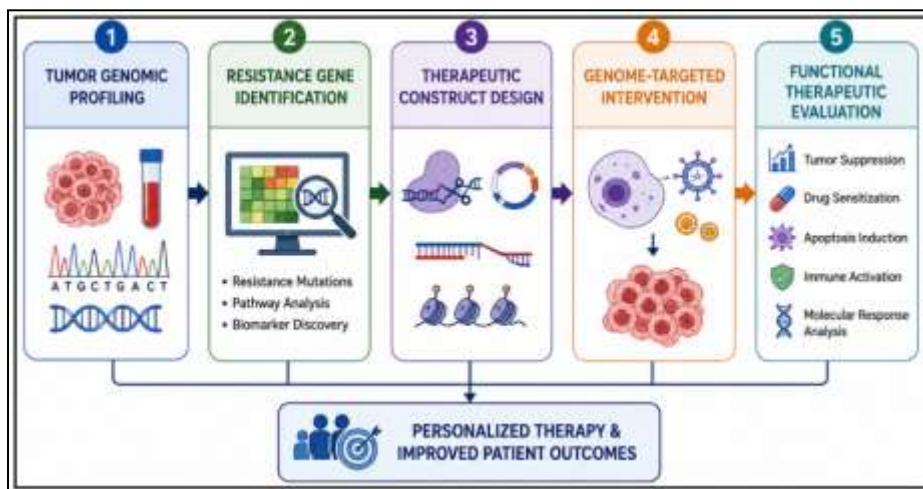


Figure 2. Experimental Workflow for Personalized Genome Therapeutics

Experimental the process showing genomic profiling, therapeutic engineering and assessment of personalized cancer treatment the ordered workflow used for creation and assessment of customized genome-based therapeutics in multidrug-resistant cancers is illustrated on figure 2. [16] Tumor genomic profiling along with resistance gene identification are performed first, followed by the development of therapeutic constructs based on CRISPR editing, RNA therapeutics, as well as epigenetic modulation systems. Subsequently engineered therapeutic technologies are delivered through resistant tumors for genome targeted intervention. Functioning therapeutic evaluation then proceeds to evaluate tumor suppression, drug sensitization, apoptosis induction and molecular responses to ascertain successful treatment and customized therapeutic potential.

### 3.2 Assessed Cancer Models

The study tested five multidrug-resistant cancer models including triple-negative breast cancer (TNBC), non-small cell lung cancer (NSCLC), ovarian carcinoma, glioblastoma and acute myeloid leukemia (AML). [11] These cancers got chosen for their high rates of clinical resistance, metastatic potential and poor clinical results. Resistant cell lines along with xenograft tumor models had been grown under standardized laboratory circumstances for the reliable reproducibility of test results (given in Table 2).

Table 2. Cancer Models and Therapeutic Targets

Cancer Type	Resistance Mechanism	Therapeutic Strategy	Targeted Pathway
Triple-negative breast cancer	Drug efflux activation	CRISPR-Cas9 editing	ABC transporters
Non-small cell lung cancer	EGFR resistance	Base editing	EGFR signaling
Ovarian carcinoma	Platinum resistance	RNA interference	DNA repair pathways
Glioblastoma	Tumor heterogeneity	Epigenetic modulation	Stem cell signaling
Acute myeloid leukemia	Survival pathway activation	Combination therapy	Apoptotic regulation

### 3.3 Therapeutic Platforms

Genome-based beneficial systems including CRISPR-Cas9 modification, adenine and cytosine fundamental editing, RNA interference methods, and epigenetic modulators were designed to inhibit resistance-associated genes, and oncogenic signaling networks. Therapeutic delivery systems included lipid nanoparticles, engineered viral vectors and exosome-mediated delivery platforms, improved for tumor inhibition, intracellular transport and decreased systemic toxicity.

### 3.4 Functional Assays and Molecular Assays

For functional as well as molecular analysis, we employed cell viability assays, sensitivity to drugs analysis, RNA synthesis, flow cytometry, tumor xenograft assessment, and immunohistochemistry, respectively. Quantitative analysis of apoptotic activity, resistance-associated gene transcription, immune activation along with tumor suppression were performed after therapeutic intervention. Statistical analysis contained mean  $\pm$  standard deviation, one-way ANOVA, Tukey post hoc testing and Kaplan–Meier survival analysis, about significance set at  $p < 0.05$ .

## 4. RESULTS & DISCUSSION

This study assessed the therapeutic efficacy of genome derived interventions for individualized treatment of multidrug resistant cancers. Comparative studies proved that CRISPR-based genome editing, RNA therapeutics, epigenetic modulation and combination therapy greatly enhanced drug sensitization, suppressed tumors and apoptotic response in resistant cancer models. Genome-targeted approaches were successful in reducing multidrug resistance-associated gene activity and improving treatment response. In addition, personalized therapeutic strategies enhanced the precision of molecular targeting as well as activation of antitumor immunity, which underscores the translational capabilities of precision genome therapeutics to overcome resistance-associated tumor-related pathways and enhance clinical outcomes in cancer therapy.

### 4.1 Therapeutic The stimulation and Reversal of Drug Resistance

The experimental results revealed significant reversal of multidrug resistance after genome-based therapeutic interventions. CRISPR-mediated editing resulted in an important down-regulation of MDR transporters comprising ABCB1 and ABCG2, which led to an increased intracellular medication accumulation as well as therapeutic sensitivity. RNA interference systems returned chemosensitivity in tolerant tumor cells through down regulating oncogenic pathways for signaling and transcripts associated with resistance. Resistant phenotypes were further inhibited and tumor responsiveness to therapeutic pressure was minimized by epigenetic modifying strategies targeting histone changes and DNA methylation of the techniques studied, combination therapy with genetic modification and RNA therapeutics showed the highest therapeutic efficacy, as it simultaneously targeted multiple resistance-associated mechanisms. Personalized biomarker-guided interventions it also enhanced treatment specificity and decreased undesirable systemic toxicity.

Table 3. Comparative Therapeutic Responses in Resistant Cancer Models

Therapeutic Strategy	Drug Sensitization	Tumor Reduction	Off-Target Effects	Personalized Potential
CRISPR Editing	Very High	High	Moderate	Excellent
RNA Therapeutics	High	Moderate	Low	High
Epigenetic Therapy	Moderate	Moderate	Low	Moderate
Combination Therapy	Very High	Very High	Moderate	Excellent

Table 3. Comparison of therapeutic efficiency of significant genome-based cancer treatment approaches in resistant tumor models. The integration therapies that simultaneously targeted multiple resistance pathways had the highest tumor inhibition and drug sensitivity potential. CRISPR editing led to very precise reduction of resistance-associated genes, while RNA therapeutics and epigenetic mediated modulation had lower off-target effects and higher therapeutic sensitivity for personalized oncology.

### 4.2 Molecular and Cellular Responses

Genome-based therapeutic interventions resulted in striking molecular and cellular changes in resistant tumor models. Quantitative transcriptomic analysis revealed a significant reduction in the expression of resistance-associated containers, oncogenic signals, and proliferative gene networks after therapeutic intervention. At the same time, pro-apoptotic signals and immune-associated genes increased significantly.

Flow cytometry as well as immunohistochemistry analyses revealed elevated apoptotic activity and improved immune cell migration in treated tumor tissues. RNA sequencing also showed modulation of pathways involved in DNA repair inhibition, cell-cycle detention, and metabolic response to stress. Together, these findings show that personalized genomic therapeutics can disrupt resistant-associated molecular networks and induce antitumor immune responses.

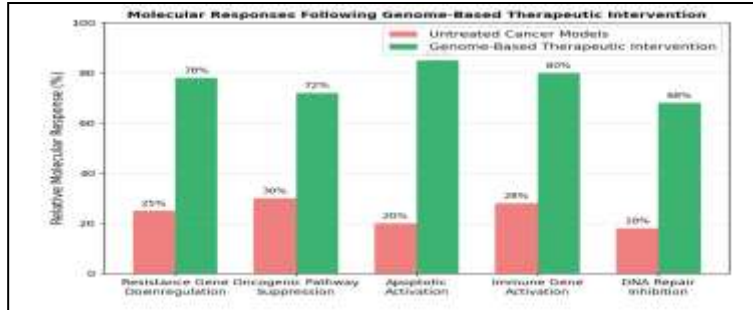


Figure 3. Molecular Responses Following Genome-Based Therapeutic Intervention

Cellular and molecules responses observed after genome mediated therapeutic treatments in resistant cancer models. Figure 3. Key molecular and cellular reactions following genome-based medical treatment in multidrug-resistant cancer models. The therapeutic targeting considerably downregulated the expression of multidrug resistant transporters and inhibited the oncogenic signaling pathways related to tumor proliferation and survival. Simultaneously, the treated tumor tissues exhibited elevated apoptotic activity, activation of immune-associated genes and enhanced immune cell infiltration. Transcriptomic and molecular analysis also showed inhibition of DNA repair processes and induction of cell cycle arrest mechanisms. These combined therapeutic effects increased tumor sensitivity, minimized resistance-associated phenotypes and improved overall antitumor therapies.

#### 4.3 Antitumor activity and survival results

Genome-based customized therapeutic strategies led to significant improvement in tumor suppression as well as survival outcomes in invasive cancer models. Therapeutic intervention resulted in tumor volume reduction of ~45-70%, suggestive of increased drug responsiveness as well as suppression of resistant tumor populations. Drug sensitivity analysis also showed renewed sensitivity to chemotherapy in already resistant cancer cells.

In vivo xenograft studies showed a substantial boost of survival rates in treated groups in comparison with untreated controls. Enhanced inflammation and apoptotic signaling led to persistent anti-tumor responses and lessening metastatic progress. The results support the curative abilities of genome-based oncology platforms for the treatment of aggressive multidrug resistant malignancies.

Table 4. Therapeutic Outcomes in Personalized Cancer Models

Parameter	Untreated Models	Treated Models	Improvement
Tumor Volume	100%	38%	-62%
Drug Sensitivity	Low	High	Significant
Survival Rate	46%	81%	+35%
Apoptotic Activity	Moderate	Very High	Significant

Table 4 presents the therapeutic outcomes from customized genome-based cancer interventions. Treated tumor models showed an important decrease in tumor volume, higher sensitivity to drug, elevated apoptotic activity and better survival rates as contrasted with untouched controls. The therapeutic outcomes were due to suppression of disease-associated genes, restoration of chemosensitivity, and increased immune-mediated tumor targeting. The results support the efficiency of precision genomic therapeutics in overcoming resistant cancer treatment.

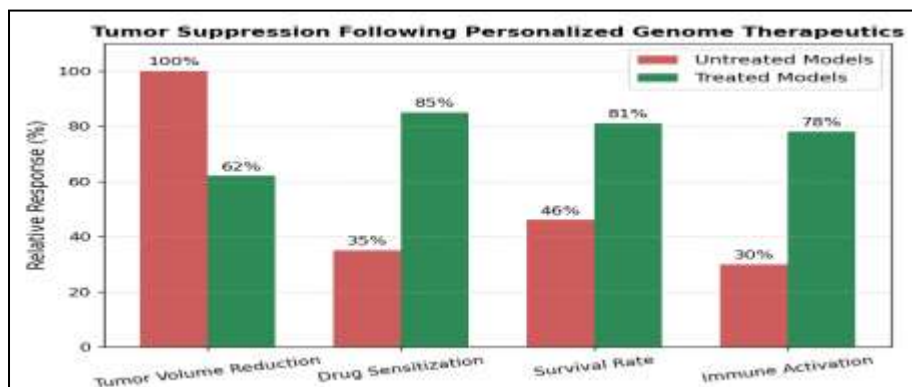


Figure 4. Tumor Suppression Following Personalized Genome Therapeutics

Better tumor control and treatment response following specific genome-based cancer interventions. Figure 4 shows the therapeutic effects of personalized genome-based programs in resistant to cancer models. Targeted genome editing, RNA therapeutics along with epigenetic modulation eliminate drug resistance along with restore chemosensitivity in cancer-resistant tumor cells. These treatments result in significant tumor suppression, decreased tumor volume and increased apoptotic activity. At the same time, immune activation enhances antitumor responses by promoting invasion of immune cells and cytokine signaling. Together, these genome-based therapies increase drug sensitivity, block metastatic progression, and strengthen survival outcomes highlighting the clinical potential of customized precision oncology in treatment-resistant cancers.

## 5. CONCLUSION

Genome-based therapeutics have emerged as a transformational approach to precisely target resistance-associated genes as well as tumor-specific molecular changes for personalized therapies for multidrug-resistant cancers. Sophisticated strategies such as CRISPR editing of genomes, RNA therapeutics, epigenetic modulation, as well as immunogenomic targeting have greatly enhanced therapeutic sensitivity, reducing tumors, apoptotic activity, and survival benefits in resistant cancer models. Targeted delivery systems, including lipid nanoparticles, viral vectors, as well as exosome-mediated delivery platforms, also improved delivery specificity and reduced systemic toxicity as well off-target therapeutic effects countless these promising developments, major translational challenges remain such as tumor heterogeneity, genomic disorder, off-target editing risks, efficient delivery limitations as well as regulatory complexity. Future studies are expected to combine artificial intelligence-guided target of therapy discovery, programmable CRISPR delivery methods, single-cell tumor genomes, synthetic immunogenomics, alongside personalized neoantigen engineering for developing next-generation precision oncology platforms. Such multidisciplinary innovations enable highly specific therapeutic interventions with the potential to improve efficacy, decrease resistance development and improve long-term clinical outcomes. In the long term, genome-based personalized therapies hold great potential for transforming future treatments for aggressive as well treatment-resistant cancers.

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